

POSTDOCTORAL REFERRAL SERVICE
A Network of Psychologists in Private Practice
393 WEST END AVENUE
NEW YORK, N.Y. 10024

PLEASE POST

So Why Aren't You Happy?

To the outside world things look great but . . .

- Are you Feeling Overwhelmed with Responsibilities?
- Are you Experiencing Problems in your Relationships?
- Are you Having Trouble Adjusting to Changes at Work or at Home?
- Are you Anxious, Depressed or Having Trouble Sleeping?

Perhaps you've tried to solve these problems. Are they still a source of frustration?

Don't walk away, we can help.

We are the Postdoctoral Referral Service, a group of licensed psychologists in the tri-state area with advanced training in psychotherapy at New York University. Appointments are held in private offices. Day and evening hours may be arranged. Major HMO or managed care insurance plans are recognized and sliding fees are available. There is no application fee. We are a non-profit referral network that has helped people find qualified psychotherapists for over 20 years. Our services include:

- **Individual Adult Psychotherapy & Psychoanalysis**
- **Couples, Family & Group Psychotherapy**
- **Child & Adolescent Psychotherapy**

The advanced training of our psychologists provides specialists in areas such as anxiety, depression, substance abuse, phobias, chronic pain and stress. The psychologists in our network also have expertise in helping individuals adjust to life changing events such as marriage, divorce, children, infertility, caring for an aging parent, or trauma.

Before your problems escalate, or another quarter goes by, call us.

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1-800-POSTDOC