

# WHAT IS PSYCHOANALYSIS:

An Inquiry At The Inception Of  
The Second Hundred Years

A Conference Sponsored By  
THE PSYCHOANALYTIC SOCIETY\*

The Eisner Lubin Auditorium,  
Loeb Student Center, New York University  
New York, New York 10003

Saturday, January 16, 1982  
Sunday, January 17, 1982

\*The membership of The Psychoanalytic Society are graduates and faculty of the N.Y.U. Postdoctoral Program in Psychotherapy and Psychoanalysis.

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**CONFERENCE OBJECTIVES**

The year 1982 marks the beginning of the second hundred years of psychoanalysis, both as a theory of personality development and of treatment. This history of psychoanalysis has been one of theoretical formulation and reformulation, arising from changing notions of human nature and addressing the predicaments of the psychoanalytic patient, the structure of the psychoanalytic relationship, and the mutative factors in the psychoanalytic process.

Recent years have witnessed the burgeoning of theories and treatment modalities, heightening conflict and confusion as to what is, or what is not, to be considered psychoanalysis, and as to whether psychoanalysis does, or does not, make a unique contribution to the psychotherapeutic endeavor.

In this forum, we will articulate certain essential elements and values of psychoanalysis. Through a series of panels, we will address such basic questions as: Who can be a psychoanalytic patient? Who can be a psychoanalyst? How does psychoanalysis work? Where are we in its development?

Each panel will consist of the presentation of several papers and formal discussion. All panel members are graduates and/or faculty of the N.Y.U. Postdoctoral Program or of other training institutes. Informal discussion will follow.

# PROGRAM

SATURDAY, JANUARY 16, 1982

8:00 A.M. REGISTRATION AND COFFEE

9:00 A.M. — 11:30 A.M.

## HISTORICAL ASPECTS OF PSYCHOANALYSIS

### Panel Chair

Esther Mullen, Ph.D.

Supervisor of Psychotherapy, Child Psychiatry, Montefiore Hospital; Executive Board, N.Y.S. Psychological Association.

1. Some Historical Aspects of the Therapeutic Relationship: From Animal Magnetism to Interpersonal Humanism
2. Socio-cultural Factors in Variations in Psychoanalytic Theory
3. Psychoanalysis, Reality and the Limits of Choice: The Past and Present Dilemma for Metapsychology.

Robert Endleman, Ph.D.

Professor of Sociology, Adelphi University; Author: *Psyche and Society*.

Deborah Tanzer, Ph.D.

Faculty, Manhattan Institute for Psychoanalysis; Author: *Why Natural Childbirth?*

### DISCUSSANT

Joseph Barnett, M.D.

Faculty and Supervisor, N.Y.U. Postdoctoral Program; Training and Supervising Analyst, William Alanson White Institute; Faculty, Division of Psychoanalytic Training, N.Y. Medical College.

12:45 P.M. — 3:15 P.M.

## THE ANALYTIC PATIENT: QUESTIONS OF ANALYZABILITY

### Panel Chair

Benjamin Lapkin, Ph.D.

Associate Professor of Education, Herbert H. Lehman College, CUNY.

1. Some Problems of Analyzability with the "Oedipal Winner"

Richard Lasky, Ph.D.

Supervisor of Psychotherapy, CUNY Doctoral Program in Clinical Psychology; Attending Psychologist, Child and Adolescent Psychiatry, Roosevelt/St. Luke's Hospital Center; Faculty, Training Program in Adult Psychoanalysis, Postgraduate Center for Mental Health.

2. Toward a More Subjective View of Analyzability

Irwin Hirsch, Ph.D.

Faculty, Supervisor and Co-Director, Manhattan Institute for Psychoanalysis; Faculty, Training Program in Adult Psychoanalysis, Postgraduate Center for Mental Health; Supervisor of Psychotherapy, CUNY Doctoral Program in Clinical Psychology.

### DISCUSSANTS

Sabert Basescu, Ph.D.

Faculty and Supervisor, N.Y.U. Doctoral and Postdoctoral Programs; Director of Training, Westchester Center for the Study of Psychoanalysis and Psychotherapy.

Helen K. Gediman, Ph.D.

Faculty and Supervisor, N.Y.U. Postdoctoral Program; Assistant Clinical Professor, Psychiatry, Albert Einstein College of Medicine; Member and Faculty, IPTAR.

3:30 P.M. — 6:00 P.M.

## THE PSYCHOANALYST: SUBJECTIVE INFLUENCES ON THE PSYCHOANALYTIC PROCESS

### Panel Chair

Helen Silverman, Ph.D.

Corresponding Secretary, The Psychoanalytic Society of the Postdoctoral Program.

1. Empathy, Values and the Personality of the Analyst

Laura Barbanel, Ed.D.

Program Head, Graduate Program in School Psychology, Brooklyn College, CUNY; Faculty, Manhattan Institute for Psychoanalysis.

2. Two Paradoxical Facets of Psychoanalytic Competence: The Fears of Knowing Too Little and Learning Too Much

John S. Duryee, Ph.D.

Associate Professor of Psychology, Fairleigh Dickinson University; Faculty, Manhattan Institute for Psychoanalysis.

### DISCUSSANTS

Magda Denes, Ph.D.

Faculty and Supervisor, N.Y.U. Postdoctoral Program; Faculty and Supervisor, Adelphi University Doctoral and Postdoctoral Programs; Faculty and Board Member, National Institute for the Psychotherapies.

Emily Anne Gargiulo, M.S.W.

Past President and Faculty, The N.Y. Freudian Society; Training and Control Analyst, N.P.A.P.

6:00 P.M. WINE AND CHEESE

SUNDAY, JANUARY 17, 1982

8:00 A.M. REGISTRATION AND COFFEE

9:00 A.M. — 11:30 A.M.

## SELECTED THEORETICAL ISSUES IN PSYCHOANALYSIS

### Panel Chair

Barbara Waxenberg, Ph.D.

Faculty, Supervisor and Board Member, Manhattan Institute for Psychoanalysis.

1. An Interpersonal Psychoanalytic View of "Free Association" in the Patient and the Analyst

Marcia Pollak, Ph.D.

Faculty, Supervisor and Director of Admissions, Manhattan Institute for Psychoanalysis.

2. Psychoanalytic Concepts of Reality and Truth: The Implications for the Treatment Process

Harold B. Davis, Ph.D.

Associate Professor of Psychology, The City College of New York, CUNY; Faculty and Supervisor, Institute for Contemporary Psychotherapy.

### DISCUSSANTS

Tess Forrest, Ph.D.

Faculty and Supervisor, N.Y.U. Postdoctoral Program; Faculty and Supervisor, Adelphi University Postdoctoral Program; Faculty, William Alanson White Institute

Martin Sylvester, M.S.W.

Faculty, N.Y.U. School of Social Work; Director, Psychoanalytic Training Institute of the N.Y. Counseling and Guidance Service; Training Analyst, N.P.A.P.

12:45 P.M. — 3:15 P.M.

## THE PSYCHOANALYTIC SITUATION: STRUCTURE AND PRACTICAL CONSIDERATIONS

### Panel Chair

Rose Kent, Ph.D.

Adjunct Professor of Psychology, N.Y.U. Doctoral Program in Clinical Psychology.

1. Reflections on the Nature of the Patient—Therapist Involvement: A Contemporary Psychoanalytic Perspective

Richard Rutkin, Ph.D.

Associate Professor of School Services, The City College of New York, CUNY; Supervisor of Psychotherapy, CUNY Doctoral Program in Clinical Psychology; Supervisor of Psychotherapy, Rutgers School of Professional Psychology.

2. Dependency and Autonomy in the Psychoanalytic Situation

Bernice Barber, Ph.D.

Adjunct Assistant Professor, Doctoral Program in Clinical Psychology, Yeshiva University.

3. Protecting the Psychoanalytic Situation

Peter Lawner, Ph.D.

Director, N.Y.U. Doctoral Program Psychology Clinic; Supervisor and Faculty, Institute for Contemporary Psychotherapy; Supervisor and Faculty, Washington Square Institute.

### DISCUSSANT

Benjamin Wolstein, Ph.D.

Faculty and Supervisor, N.Y.U. Postdoctoral Program; Faculty and Supervisor, Adelphi University Postdoctoral Program; Faculty and Training Analyst, William Alanson White Institute.

3:30 P.M. — 6:00 P.M.

## CHANGE WITHIN THE PSYCHOANALYTIC PROCESS

### Panel Chair

Franklin Goldberg, Ph.D.

Director of Psychological Services, Jewish Child Care Association; Faculty, Supervisor and Co-Director, Manhattan Institute for Psychoanalysis.

1. The Fantasy Process and its Relation to Change

Bruce Bernstein, Ph.D.

Clinical Instructor, Department of Psychiatry, Mt. Sinai School of Medicine; Senior Staff, Postgraduate Center for Mental Health, Group Therapy Department; Supervisor, National Institute for the Psychotherapies.

2. Empathy: A Fundamental Aspect of Healing

Joan Zuckerberg, Ph.D.

Founder, The Psychological Consultation Service for Parents and Prospective Parents; Adjunct Assistant Professor of Psychology, Long Island University; Formerly, Chief Psychologist, Brooklyn Psychiatric Center.

### DISCUSSANTS

Ruth Gruenthal, M.S.S.

Faculty, Senior Supervisor and Training Analyst, Postgraduate Center for Mental Health; Faculty and Supervisor, Westchester Center for the Study of Psychoanalysis and Psychotherapy.

Esther Menaker, Ph.D.

Faculty and Supervisor, N.Y.U. Postdoctoral Program; Faculty, N.P.A.P.

## REGISTRATION FORM

(Please Print)

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

TELEPHONE \_\_\_\_\_

FULL CONFERENCE: JAN. 16, 17, 1982 (Please check appropriate square)  
 FEE \_\_\_\_\_ \$50  
 FEE (Member, The Psychoanalytic Society) \_\_\_\_\_ 35  
 FEE (Full-time student) \_\_\_\_\_ 25

ONE DAY: JAN. 16, 1982  
 FEE \_\_\_\_\_ \$30  
 FEE (Member, The Psychoanalytic Society) \_\_\_\_\_ 20  
 FEE (Full-time student) \_\_\_\_\_ 15

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RETURN COMPLETED REGISTRATION FORM AND REGISTRATION FEE,  
NO LATER THAN JANUARY 2, 1982, TO:

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YOU WILL RECEIVE YOUR CONFIRMATION BY MAIL.

The Psychoanalytic Society  
c/o Fred Wright, Ph.D.  
Program Chairman  
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