

The Psychoanalytic Society
of the
**New York University Postdoctoral Program in
Psychoanalysis and Psychotherapy**

Continuing Education Program
1983

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The Psychoanalytic Society

of the

New York University Postdoctoral Program in

Psychoanalysis and Psychotherapy

Continuing Education Program Spring—Summer 1983

The Psychoanalytic Society

of the

New York University Postdoctoral Program in Psychoanalysis and Psychotherapy Continuing Education Program Seminars and Workshops

1983

Listings are grouped only according to day of the week offered.

MONDAY

The Treatment of Narcissistic Pathology

Beginning with an overview of the theory of narcissism (Kohut, Kernberg, etc.) the course will concentrate on the clinical aspects of narcissism, particularly diagnosis and treatment techniques.

\$55.00
Marvin D. Markowitz, Ph.D. — Member: *New York Freudian Society, NPAP; Clinical Associate and Supervisor of Psychotherapy, Doctoral Program in Clinical Psychology, C.U.N.Y.; Supervisor, Washington Square Institute;*

Director of Child and Adolescent Services, Oakwood Psychotherapy Center, White Plains.
7 Mondays: May 9, 16, 23; June 6, 13, 20, 27, 1983
8:00 to 9:30 P.M.
241 Central Park West, N.Y.C. Apt. 1E

The Application of Object Relations Theory to Psychotherapeutic Work

The course will briefly review major concepts in object relations theory, through reading and discussing seminal papers by representative authors such as Winnicott, Guntrip, Kohut, Searles and Kernberg. The course will then move on to its major focus — the use of these object relations concepts in understanding both psychopathology and the psychotherapeutic process in actual case material of the instructor and participants.

\$60.00
Michael P. Varga, Ph.D. — Former Chief Psychologist, *Comprehensive Approach to Community Health, Jewish Hospital and Medical Center of Brooklyn.*

8 Mondays: May 9, 16, 23, 30; June 6, 13, 20, 27, 1983
8:00 to 9:30 P.M.
24 Fifth Avenue, N.Y.C., Suite 416

Working with Offspring of Traumatized Parents

This course will focus on a discussion of the literature and presentation of case material on the now-adult offspring of Holocaust survivors as this relates to clinical work with the adult offspring of traumatized parents in general. Particular emphasis will be placed on developmental and interpersonal factors.

\$70.00
Sergio Rothstein, Ph.D. — Adjunct Clinical Supervisor, *Doctoral Program in Clinical Psychology, Yeshiva University; Supervisor, Institute for Contemporary Psychotherapy.*

7 Mondays: May 9, 16, 23; June 6, 13, 20, 27, 1983
8:00 to 10:00 P.M.
315 Central Park West (at 91st Street), N.Y.C., Apt. 6W

The Resolution of Difficult Resistances

Change in psychoanalytic psychotherapy requires the re-experiencing of the anxiety against which the defenses were constructed. Resistances intensify prior to major changes in the person. This course will deal with the resolution of difficult resistances, including the negative therapeutic reaction. Clinical examples will be emphasized.

\$30.00
Harold B. Davis Ph.D. — Associate Professor, *The City College, C.U.N.Y.; Faculty and Supervisor, Institute for Contemporary Psychotherapy.*

4 Thursdays: June 2, 9, 16, 23, 1983
12:30 to 2:00 P.M.
125 East 87th Street, N.Y.C.

Transference

This key concept will be examined from three theoretical viewpoints: classical, interpersonal/existential, and object relations. Comparisons of the differing and overlapping ways of understanding and working with transference will be illustrated by an examination of the literature and from student's clinical presentations.

\$60.00
Irwin Hirsch, Ph.D. — Co-Director, *Manhattan Institute for Psychoanalysis; Faculty and Visiting Supervisor, Training Program in Adult Psychoanalysis, Postgraduate Center for Mental Health; Adjunct Psychotherapy Supervisor, Doctoral Programs in Clinical Psychology, City College of New York and Yeshiva University.*

8 Thursdays: June 9, 16, 23, 30; July 7, 14, 21, 28, 1983
6:30 to 8:00 P.M.
1311-1327 Lexington Avenue, (at 88th Street) N.Y.C.

Facilitating Change

The use of countertransference reactions, confrontation, and authentic engagement with the patient as mediators of characterological change will be presented. These techniques will be examined in the light of our current understanding of what causes change. Clinical material, drawn from both the instructor's and students' work, will be used to illustrate and examine the various kinds of reactions and interventions which a therapist may use to facilitate change.

\$30.00
Helaine T. Gold, Ph.D. — Clinical Associate and Supervisor of *Psychotherapy, Doctoral Program in Clinical Psychology, C.U.N.Y.; Adjunct Clinical Supervisor, Doctoral Program in Clinical Psychology, Yeshiva University; Faculty, Manhattan Institute for Psychoanalysis.*

4 Thursdays: June 9, 16, 23, 30, 1983
8:00 to 9:30 P.M.
2 Washington Square Village, N.Y.C.

\$45.00

The Use of the Self in Psychoanalytic Psychotherapy
Case material will be utilized to examine the ways in which theory, technique and countertransference issues interact so that the defensive use of these tools can be discriminated from their creative use. The aim of this course is to help participants make the self the primary focus of their therapeutic activities.

Robert J. Katz, Ph.D. — Supervisor and faculty, *Institute for Contemporary Psychotherapy*; Member, Department of Psychiatry, *Phelps Memorial Hospital*.

6 Mondays: June 6, 13, 20, 27; July 11, 18, 1983
593 Sleepy Hollow Road, Briarcliff Manor, Westchester.

8:00 to 9:30 P.M.

TUESDAY

The Use of the Self in Psychoanalytic Psychotherapy
This seminar will integrate theoretical and clinical material to explore alternative viewpoints on the therapist's use of "self" in the psychotherapeutic process. The work of Searles, Levenson, and Kohut, as well as the classical Freudian position will be introduced to provide a context for examining such phenomena as countertransference, transference, transformation, and mirroring. The seminar will be conducted as a discussion group and will utilize case material of both the participants and instructor to explore the issues involved.

Andrea E. Ostrum, Ph.D. — Adjunct Clinical Supervisor, Doctoral Program of Clinical Psychology, *Yeshiva University*, Supervisor, *Institute for Contemporary Psychotherapy*.

5 Tuesdays: May 3, 10, 17, 24; June 7, 1983
26 West 9th Street, N.Y.C. Apt. 5E

\$15.00

The Daughter as a Projective Screen
An exploration of the special problems women may experience in their attempts to individuate as reflective of the unique nature of early mother/daughter relationships. A combined perspective of traditional psychoanalytic concepts, individuation theory, object relations theory, and self psychology will provide foundations for discussion.

Joan Zuckerberg, Ph.D. — Founder, *Service for Parents and Prospective Parents*; Adjunct Assistant Professor, Long Island University; Attending Psychologist, *Methodist Hospital*; Consultant, *Spence Chapin Foster Agency* and *St. Vincent's Home for Children*; Former Chief Psychologist, *Brooklyn Psychiatric Centers*.

Tuesday: June 14, 1983
26 West 9th Street, N.Y.C., Suite 5E

Psychological Repercussions of Pregnancy, Birthing and Bonding
Transition to parenthood involves a fundamental and powerful upheaval in the identities of the couple, triggering both conscious and unconscious concerns about self, identifications, gender identity, and relationships in the past, present and future. Case presentations will be used.

Joan Zuckerberg, Ph.D. (Dr. Zuckerberg's affiliations are listed above.)

Tuesday: July 19, 1983
26 West 9th Street, N.Y.C., Suite 5E

\$25.00

Transference, Countertransference and Money
Experiences in clinical and institutional settings will be focused on in an effort to increase understanding of the transference aspects of dealing with financial matters with patients, clients and/or institutions.

Fred Wright, Ph.D. — Associate Professor of Psychology, *John Jay College of Criminal Justice*; Clinical/Associate and Supervisor of Psychotherapy, Doctoral Program in Clinical Psychology, C.U.N.Y.; Graduate, *Group Therapy Department*, Postgraduate Center for Mental Health.

FRIDAY

Psychopathology in Individual Therapy

This course covers the major psychopathologies encountered in adult consultation. They include depression, neurotic character, narcissistic and borderline orientations, sexual deviance, and sadomasochistic interactions. It is intended to offer overall perspectives with regard to treatment planning. Participants are expected to contribute case material.

Monroe G. Gottsegen, Ph.D. — Chief Psychologist, *Flatlands Guidance Clinic*, *Catholic Charities*, *Brooklyn*; Former Chief Psychologist, *Institute for the Crippled and Disabled*.

4 Fridays: April 29; May 6, 13, 20, 1983
211 Central Park West, N.Y.C.

\$60.00

Psychotherapy with Holocaust Survivors and with Children of Survivors

There have been some truths and many myths regarding the long-term psychological consequences of the Holocaust on the survivors and their children. The seminar leader (a survivor himself) will explore the implications of the "conspiracy of silence" as well as the assumption that all psychological difficulties in the survivors are Holocaust related. Case presentations by participants will be encouraged. Transference and countertransference will be examined.

Leslie Berger, Ph.D. — Professor, *Queens College of the City University of New York*.

4 Fridays: May 13, 20; June 3, 10, 1983
240 East 82nd Street, N.Y.C.

6:00 to 9:00 P.M.

SATURDAY

Introduction and Overview: Psychoanalytic Technique and Object Relations Theory
The clinical application of the 'English School' using case material of participants and instructor. Emphasis on therapist's conceptualization of the patient and how empathic understanding is used in the therapeutic process. (See continuations to this workshop under *Wednesday Listings*.)

Eileen J. Setzman, Ph.D. — Former faculty, *Metropolitan Institute for Training in Psychoanalytic Psychotherapy*, and *Long Island Institute for Mental Health*.

Saturday: May 7th, 1983
100 Riverside Drive, N.Y.C., Suite 8D

\$40.00

Projective Figure Drawings in Assessment, Diagnosis, and Therapy Evaluation

This course will cover the interpretation of the House-Tree-Persons-Animal Drawings. The work of Buck, Hammer, Jolles, and Kaufman will be integrated with aspects of self theory to assess character and personality characteristics, self and object representations and relationships, and changes after therapy. Focus will be on developing practical skills in utilizing drawings with children, adolescents and adults.

Marvin Leibowitz, Ph.D. — Chief Psychologist, *Mental Health Clinic of Passaic*; Former Instructor, *Fairleigh Dickinson University*

10:00 A.M. to 12 Noon

4 Saturdays: May 14, 21; June 4, 11, 1983

3 Audubon Place, Fair Lawn, New Jersey

\$25.00

Issues in the Treatment of Homosexuals and Others with Alternate Life Styles

Patients with alternate life styles often present unique problems to analysts and therapists. The traditional idea that those who "act out" are not amenable to analytic treatment will be examined. Clinical material of participants

WEDNESDAY**Psychoanalytic Technique and Object Relations**

•Seminar I
This seminar will build on the material presented and discussed in the **Introduction and Overview** workshop (listed in the Saturday offerings). However, it is *not* necessary to have attended that workshop as a prerequisite for this seminar.

4 Wednesdays: May 11, 18, 25; June 1, 1983
100 Riverside Drive, N.Y.C., Suite 8D

•Seminar II
Continuation of Seminar I. Prerequisite is the prior course or a workshop in the English School elsewhere and the instructor's permission.

4 Wednesdays: June 8, 15, 22, 29, 1983
100 Riverside Drive, N.Y.C., Suite 8D

•Advanced Seminar
Continuation of Seminars I & II. Alternative prerequisite is a thorough knowledge of the English School and the instructor's permission.

3 Wednesdays: July 6, 13, 20, 1983
100 Riverside Drive, N.Y.C., Suite 8D

Eileen J. Setzman, Ph.D., Former faculty, Metropolitan Institute for Training in Psychoanalytic Psychotherapy, and Long Island Institute for Mental Health.

Sibling Relationships as Issues in Treatment

This seminar will provide a structured psychoanalytic investigation of childhood sibling relationships as reflected in current life solutions and in neuroses. Its specific focus will be the ways in which such sibling material emerges and is dealt with in the course of psychoanalytic theory and treatment. A selection of readings of a theoretical nature will provide the background for a detailed discussion of a few cases from the literature and the instructors' and participants' practice.

Judith Lasky, Ph.D., Faculty, American Institute of Psychotherapy and Psychoanalysis; Faculty and Supervisor, Greenwich Institute for Psychoanalytic Studies; Supervisor, Institute for Contemporary Psychotherapy, and Metropolitan Center for Mental Health; Clinical Associate and Supervisor of Psychotherapy, Doctoral Program in Clinical Psychology, C.U.N.Y., and Yeshiva University.

Susan R. Mulliken, Ph.D., Executive Director, Metropolitan Divorce Mediation Center, Former staff, Westchester Psychiatric Group and Metropolitan Institute for Mental Health; Former Director, Manhattan School for Emotionally Disturbed Children.

4 Wednesdays: June 1, 8, 15, 22, 1983
345 East 73rd Street, N.Y.C., Apt. 6H

Freudian and Kleinian Roots of Borderline Pathology

Melanie Klein's and D.W. Winnicott's contributions to the current understanding of borderline and narcissistic pathology. Theoretical and clinical considerations. Vicissitudes of transference and countertransference manifestations in light of primitive defense constellations and object relations.

Isaac Tylim, Psy.D., Staff Psychologist, Maimonides Medical Center; Clinical Instructor, Downstate Medical Center; Faculty, Postgraduate Center for Mental Health.

\$30.00

1:00 to 2:30 P.M.

\$30.00

1:00 to 2:30 P.M.

\$25.00

1:00 to 2:30 P.M.

\$30.00

\$20.00

7:30 to 9:00 P.M.

Benjamin Lapkin, Ph.D.—Associate Professor of Specialized Services, Lehman College of the City University of New York; Supervisor, Institute for Contemporary Psychotherapy; Supervisor, Doctoral Program in Clinical Psychology at Rutgers University and Yeshiva University; Former Chief Psychologist, Educational Clinic, Queens College, C.U.N.Y.

Saturday: May 14, 1983
120 East 89th Street, N.Y.C., Apt. 2B

Working with the More Difficult Patient: Clinical Uses of Countertransference
General principles of working with the more difficult patient using the case material of the instructor and the seminar participants.

\$25.00

Richard Rutkin, Ph.D.—Associate Professor of School Services, City College; Clinical Associate and Supervisor of Psychotherapy, Doctoral Program in Clinical Psychology, C.U.N.Y.; Supervisor of Psychotherapy, Rutgers School of Professional Psychology; Supervisor, Institute for Contemporary Psychotherapy.

Saturday: May 21, 1983
27 West 86th Street, N.Y.C., Apt. 1D

Working with Dreams
In this workshop we will examine various approaches toward the understanding and use of dreams in the therapy process. Particular attention will be given to the manifestation of resistance, transference and countertransference, to the reflection of character structure, dynamic issues, and to the dream as an existential statement. An Interpersonal-Humanistic interpretive approach is emphasized. Literature (e.g. Bontime) and clinical material of instructor and participants will be discussed.

\$25.00

Barbara Dusanek, Ph.D.—Director of Training, Psychotherapy Department, Kings County Hospital; Clinical Assistant Professor of Psychiatry, Downstate Medical Center; Supervisor of Psychotherapy, Doctoral Program in Clinical Psychology, C.U.N.Y.

Saturday: May 21, 1983
63 East 9th Street, N.Y.C.

Shame- and Guilt-Proneness
This seminar will focus on work with patients who report frequent experiences of shame and guilt. Case material will be used to discuss shame- and guilt-proneness as character styles in relation to interpersonal and object relations theories.

\$40.00

David Glassman, Ph.D.—Clinical Associate and Supervisor of Psychotherapy, Doctoral Program in Clinical Psychology, C.U.N.Y.

4 Saturdays: June 4, 11, 18, 25, 1983
7 East 14th Street, N.Y.C.

Marital Therapy with Couples Presenting Pathology in Early Ego Development: The Narcissistic/Borderline Spouse
The treatment of couples requires an understanding of the personality structures of two people and how the interactions between people reflect the repetition of early internalizations and projections. Couples with early ego pathology present troublesome and volatile patterns of relating and particularly problematic transferences and, in addition, elicit primitive countertransference reactions in the analyst. This course shall attempt to relate the specific pathologies of the narcissistic and borderline character disorders to the marital situation when one or both spouses present these pathologies. Problems in the relationships will be illustrated with case presentations and countertransference issues will be emphasized.

Bernard Katz, Ph.D.—Professor of Psychology, Massasoit Community College, Teaching Faculty, Massasoit Comm.

\$25.00

11:00 A.M. to 1:00 P.M.

SUNDAY

Issues in the Treatment of the Borderline Personality \$30.00
The diagnosis "borderline personality organization" will be reviewed from a structural and developmental perspective. Kernberg's treatment approach will then be contrasted with an ego-building, developmental approach, both with regard to general theory of technique and specific technical interventions. Topics of discussion will include indications for one approach or the other, and differing responses to the patient's anger, resistance, acting out, and "dependence." The course will include a review of relevant psychoanalytic literature and discussion of case material presented by participants.

Andrew B. Druck, Ph.D.—*Instructor in Clinical Psychology, Columbia University; Associate Consultant in Medical Psychology, St. Luke's Hospital Center; Supervisor, Metropolitan Institute for Training in Psychoanalytic Psychotherapy.*

Sunday: May 15, 1983
545 West End Avenue, N.Y.C., Apt. 12B

10:00 A.M. to 1:00 P.M., and 2:00 to 5:00 P.M.

REGISTRATION

Send the following to David Webb, Ph.D., Director of Continuing Education, The Psychoanalytic Society, 205 West 89th Street, New York, N.Y. 10024. (Telephone: 212/362-8094)

Name: _____

Address: _____

Telephone: _____ home _____ work _____

Indicate courses you wish to take: _____

Please make your check payable to The Psychoanalytic Society for total registration fees. Students may discount 10% from fees. Please specify institution _____

Add my name to mailing list.

Child and Adolescent Psychoanalytic Psychotherapy \$40.00
An introduction to analytic work with children and adolescents examining transference, defenses and developmental issues. Clinical material will be used in exploring questions of technique, the use of play, fantasy, and family sessions.

James B. McCarthy, Ph.D.—*Supervisor of Therapy and Co-Director of Psychology Training, Queens Children's Hospital; Affiliate Psychologist, Psychiatry Service, Lenox Hill Hospital.*

5 Wednesdays: June 15, 22, 29; July 6, 13, 1983
425 East 86th Street, N.Y.C., Apt. 1D

THURSDAY

The Relationship Between Psychoanalytic Theory and Technique \$45.00
Examination of the conceptual framework of the basic treatment model (Freudian). Topics include patient selection, distinctions between psychoanalysis and psychoanalytic psychotherapy, consideration of tripartite psychic structure, varieties of transference and countertransference, resistance, defense, regression, the working alliance, working with dreams, working-through, interpretation (accuracy, depth, choice and timing), curative processes, and termination. Clinical presentations by instructor and participants.

Richard Lasky, Ph.D.—*Clinical Associate and Supervisor of Psychotherapy, Doctoral Program in Clinical Psychology, C.U.N.Y.; Clinical Assistant Professor of Medical Psychology, Columbia University College of Physicians and Surgeons; Attending Psychologist, Department of Child and Adolescent Psychiatry, Roosevelt Hospital; Faculty and Supervisor; Training Program in Psychoanalysis at Postgraduate Center for Mental Health, and Manhattan Institute for Psychoanalysis.*

6 Thursdays: May 19, 26; June 2, 9, 16, 23, 1983
257 Central Park West, N.Y.C., Apt. 5A

Multiple Personality and Related Dissociative Disorders \$25.00
Main focus of interest on dynamics and treatment of multiple personality; will also consider related disorders such as the various amnesias and fugue-states, flashback experiences (due to trauma or drugs), depersonalization, derealization, attack; also issues involved in claims of automatic writing, hypnotic age-regression and "evidence" of past lives, demonic possession, etc. Review of current psychoanalytic literature. Clinical material presented by instructor (and participants where possible).

Richard Lasky, Ph.D. (*Dr. Lasky's affiliations are listed above.*)

3 Thursdays: June 23; July 7, 14, 1983
257 Central Park West, N.Y.C., Apt. 5A

Feminist Critiques of Psychoanalytic Theory: An Overview \$40.00

The course will attempt to explore the ramifications of the work of such theorists as Dinnerstein, Chodorow, and Miller, as well as research on sex and gender for psychoanalytic theory and practice.

Barbara Cohn Schlachet, Ph.D.—*Adjunct Clinical Supervisor, Doctoral Program in Clinical Psychology, Yeshiva University; Supervisor, Institute for Contemporary Psychotherapy.*

5 Thursdays: May 19, 26; June 9, 16, 23, 1983
31 West 17th Street, N.Y.C.