

The Psychoanalytic Society
of the
**New York University Postdoctoral Program in
Psychoanalysis and Psychotherapy**
Ruth Marcus, Administrative Secretary
111-50 75th Road
Forest Hills, New York 11375

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The Psychoanalytic Society

of the

New York University Postdoctoral Program in
Psychoanalysis and Psychotherapy

Continuing Education Program Spring—Summer 1985

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Administrative Secretary

Ruth Marcus

111-50 75th Road

Forest Hills, New York 11375

(718) 261-8864

The Psychoanalytic Society is an independently incorporated organization composed of the faculty and graduates of the New York University Postdoctoral Program in Psychoanalysis and Psychotherapy. The Psychoanalytic Society functions as a professional, scientific, and educational association.

The Continuing Education Program offers seminars and workshops to mental health professionals and to individuals with allied interests. All offerings are psychoanalytic in orientation; the specific approach of instructors varies among Freudian, Interpersonal, and Existential points of view. All seminars and workshops are limited to an enrollment of 12 people in order to promote open discussion and the exchange of ideas.

The Psychoanalytic Society also sponsors:

Lectures delivered by distinguished analysts

- During the past 12 years, the Society has sponsored several lecture series which have memorialized faculty of the New York University Postdoctoral Program. Lecturers presented by the Society last year were Edgar A. Levenson, M.D., Helen Block Lewis, Ph.D., Esther Menaker, Ph.D., and Hanna Segal, M.D..

Our Next Presentation

Speaker: John Gedo, M.D.

Topic: The Dissidence of Heinz Kohut

Date: May 18, 1985, Saturday, 9:45 A.M.

Place: New York University, Loeb Center

566 LaGuardia Place, Eisner-Lubin Auditorium

Biennial Conference on current issues in psychoanalysis

- The themes of our past conferences have been: *What is Psychoanalysis?* and, *Continuity and Change in Psychoanalysis*. Conference Chairpersons have been Fred Wright, Ph.D., Marcia Pollak, Ph.D., and Helen Silverman, Ph.D.. Chairpersons for the upcoming Winter-1986 Conference are Judith Lasky, Ph.D., and Helen Silverman, Ph.D..

Referral Service offering moderate cost psychoanalysis and psychoanalytic psychotherapy

- The Referral Service of the Psychoanalytic Society is staffed by faculty, graduates, and senior matriculants of the New York University Postdoctoral Program in Psychoanalysis and Psychotherapy. Inquiries for information or referral

The Psychoanalytic Society

of the

New York University Postdoctoral Program in Psychoanalysis and Psychotherapy

Continuing Education Program Seminars and Workshops

1985

Enrollment in all seminars and workshops is limited to 12 people in order to promote open discussion and the exchange of ideas. Listings are grouped only according to day of the week offered.

MONDAY

The Use of Countertransference in Psychoanalytic Psychotherapy **\$63.00**
 The therapist's reactions to his or her patient in the psychotherapeutic relationship contain crucial data for understanding and working with the ongoing treatment process. Participants are invited to present case material which will be used to demonstrate ways of working with the therapist's experience that deepen understanding in conducting a treatment. Readings on the use of countertransference will supplement the discussion.

Robert J. Katz, Ph.D.—Faculty and Supervisor, Institute for Contemporary Psychotherapy; Member, Department of Psychiatry, Phelps Memorial Hospital (North Tarrytown, N.Y.)
6 Mondays: June 3, 10, 17, 24, July 1, 8, 1985 **8:00 to 9:30 P.M.**
 595 Sleepy Hollow Road, Briarcliff Manor, N.Y. (Westchester)

Extreme Erotic and Aggressive Transferences: Technical Issues **\$32.00**
 After a discussion of the dynamics of extreme erotic and aggressive transference, participants will be invited to present clinical material for further discussion. Particular emphasis will be placed on techniques of working with such transferences within the treatment process. Readings will be suggested from the psychoanalytic literature.

Marvin D. Markowitz, Ph.D.—Director, Child and Adolescent Services, Oakwood Center, White Plains; Faculty and Supervisor, Metropolitan Institute for Psychoanalytic Psychotherapy; Clinical Associate and Supervisor of Psychotherapy, Doctoral Program in Clinical Psychology, C.U.N.Y.
3 Mondays: June 3, 10, 17, 1985 **7:30 to 9:00 P.M.**
 241 Central Park West, N.Y.C., Apt. 1E

Psychotherapy with Holocaust Survivors and Children of Survivors **\$84.00**
 The seminar will explore the implications of the "conspiracy of silence" as well as the assumption that all psychological difficulties in the survivors and in their children are Holocaust related. Transference and countertransference issues will be examined. Case presentations by participants will be encouraged.
Leslie Berger, Ph.D.—Professor, Queens College of the City University of New York.
4 Fridays: May 10, 17, 31, June 7, 1985 **6:00 to 9:00 P.M.**
 240 East 82nd Street, N.Y.C.

Transference **\$63.00**
 This key concept will be examined from three theoretical viewpoints: classical, interpersonal/existential, and object relations. Comparisons of the differing and overlapping ways of understanding and working with transference will be illustrated by an examination of the literature and from participant's clinical presentations.
Irwin Hirsch, Ph.D.—Co-Director, Manhattan Institute for Psychoanalysis; Faculty, Training Program in Adult Psychoanalysis, Postgraduate Center for Mental Health; Adjunct Psychotherapy Supervisor, Doctoral Programs in Clinical Psychology, C.U.N.Y., and Yeshiva University.
6 Fridays: June 7, 14, 21, 28, July 12, 19, 1985 **12:15 to 1:45 P.M.**
 1311-1327 Lexington Avenue (at 88th Street), N.Y.C.

SATURDAY

Legal and Ethical Issues in Psychoanalysis and Psychotherapy **\$28.00**

TUESDAY

The Daughter as a Projective Screen: Pathways to Individuation \$14.00
An exploration of gender dynamics, with a focus on Preoedipal mother-daughter relationships. Case material will be presented by seminar participants and discussed from multiple vantage points including those of Freud, Kohut, Mahler, Schafer, and recent feminist writers, with emphasis on the application to treatment issues.

Joan Zuckerberg, Ph.D.—Adjunct Clinical Supervisor, Yeshiva University; Clinical Associate and Supervisor of Psychotherapy, Pace University; Adjunct Faculty, Center for the Study of Anorexia and Bulimia.

1 Tuesday: Section I, May 14, 1985 10:30 A.M. to 12:30 P.M.
Section II, June 4, 1985 10:30 A.M. to 12:30 P.M.

26 West 9th Street, N.Y.C., Suite 5E

Psychoanalytic Perspective on the Nature and Treatment of Eating Disorders \$53.00
Eating disorders, such as anorexia nervosa and bulimia, are a multidetermined symptom complex which can occur in a variety of character disorders. The eating disturbance may be seen as an attempt to provide some missing dimension of self-experience and psychic structure, and may point to problems in the areas of merger and separation-individuation. The emphasis of this course will be on clinical issues, including common treatment impasses, from a unified treatment approach that includes object relations theory, self psychology, and the more classical analytic conflict-defense orientation.

Waltraud Ireland, Ph.D.—Senior Staff, Center for the Study of Anorexia and Bulimia.

5 Tuesdays: June 4, 11, 18, 25, July 2, 1985 12:00 to 1:30 P.M.
43 West 87th Street, N.Y.C., Apt. 1D

WEDNESDAY

Psychoanalytic Object Relations Theory, Addictive Disorders, and the Body \$53.00
Preoedipal pathology, as exemplified by eating disorders, "addictive relationships," alcoholism and drug addiction, will be studied through the writings of Joyce McDougall and John Gedo. This will involve an examination of primitive communication and the language of the body, as well as the notion of enactment as a presymbolic means of communication. Additional readings will be included from Winnicott and Searles. Participants may present their case material.

Robert Liss, Ph.D.—Faculty, New York University Medical Center.

5 Wednesdays: May 1, 8, 15, 22, 29, 1985 8:00 to 9:30 P.M.
153 West 76th Street, N.Y.C., Apt. A

Psychoanalytic Technique and Object Relations Theory \$105.00
The clinical application of the British School of Object Relations will be discussed, focusing on Winnicott, Fairbairn, and Guntrip. The patient's interactions with external and internal (real and imagined) objects, and his or her relationship with internal and external object worlds will be explored. Clinical material will be presented by the instructor and participants. Current literature will be reviewed.

Eileen J. Setzman, Ph.D.—Faculty and Supervisor, Metropolitan Institute for Training in Psychoanalytic Psychotherapy; Former Faculty, Long Island Institute for Mental Health.

The course will consider state and national codes of ethics which affect the practicing psychoanalyst, and the implications of breaching such codes. The legal concept of malpractice will be examined, and case examples of psychotherapeutic malpractice will be discussed. The concept of confidentiality will also be considered, including legal exceptions to this doctrine such as those raised in the Tarasoff case. The legal doctrine of privileged communications will be described with case examples. Legal issues regarding insurance and peer review will be discussed. Students are invited to discuss issues relevant to their clinical practice.

James S. Wulach, Ph.D., J.D.—Coordinator, Graduate Program in Forensic Psychology, John Jay College of Criminal Justice; Clinical Instructor, Downstate Medical Center, SUNY.

1 Saturday: May 4, 1985 1:00 to 5:00 P.M.
2211 Broadway (bet. 78th and 79th Street), N.Y.C., Suite 1G

The Analysis of Character Resistances Associated with Primitive Mental States \$56.00
The analysis of character resistances in borderline, narcissistic, and schizoid personality disorders will be discussed from several theoretical positions. Included will be brief reviews of classical theory, ego psychology, object relations theory, and interpersonal theory. Clinical material will be covered in the course of discussion.

David Glassman, Ph.D.—Clinical Associate and Supervisor of Psychotherapy, Doctoral Program in Clinical Psychology, C.U.N.Y.; Supervisor, Washington Square Institute.

4 Saturdays: May 4, 11, 18, June 1, 1985 10:00 A.M. to Noon
7 East 14th Street, N.Y.C., Apt. 19D

Projective Figure Drawings in Assessment, Diagnosis, and Therapy Evaluation \$56.00
This course will cover the interpretation of the House-Tree-Persons-Animals Drawings. The work of Buck, Hammer, Jolles, and Kaufman will be integrated with aspects of self theory to assess character and personality characteristics, self and object representations, and relationships and changes after therapy. Focus will be on developing skills in utilizing drawings with children, adolescents and adults.

Marvin Leibowitz, Ph.D.—Private practice.

4 Saturdays: May 11, 18, June 1, 8, 1985 1:00 to 3:00 P.M.
3 Audubon Place, Fair Lawn, New Jersey

A Developmental Approach to the Acting-Out Patient \$28.00
Patients who act out often present unique problems in psychotherapy. The traditional idea that those who act out are not amenable to analytic treatment will be examined. The work of Eisenbud, Kohut, Miller and Schecter will be discussed to arrive at developmental guidelines for effective treatment of acting-out patients.

Benjamin Lapkin, Ph.D.—Associate Professor, Lehman College of the City University of New York; Supervisor, New York University Postdoctoral Program in Psychoanalysis and Psychotherapy; Supervisor and Director of Adolescent Services Training Program, Institute for Contemporary Psychotherapy.

1 Saturday: May 18, 1985 1:00 to 5:00 P.M.
120 East 89th Street, N.Y.C., Suite 2B

Gender, Shame and Guilt in the Psychoanalytic Situation \$21.00
This workshop will discuss how shame and guilt are contained and expressed in gender-related interactions between analyst and patient. The relationships between shame, narcissism, and gender will also be explored. Clinical examples will be presented and analyzed to illustrate the above.

Fred Wright, Ph.D.—Associate Professor of Psychology, John Jay College of Criminal Justice; Book Editor, Group; Past President, The Psychoanalytic Society of the New York University Postdoctoral Program.

1 Saturday: June 1, 1985 9:00 A.M. to Noon

10 Wednesdays: May 8, 15, 22, 29, June 5, 12, 19, 26, July 3, 10, 1985
320 West 86th Street, N.Y.C., Apt. 6A

The Therapeutic Impasse in Psychoanalysis

\$63.00

The therapeutic impasse will be examined from a contemporary interpersonal psychoanalytic perspective. The discussion will include transference and countertransference, resistance and counter-resistance, with reference to the writings of Gill, Levenson, Searles, et al.. Participants are invited to present a therapeutic impasse for which detailed process notes are recommended.

Paul Kessel, Ph.D.—Clinical Associate Professor of Psychology and Supervisor, Postdoctoral Program in Psychoanalysis and Psychotherapy, New York University; Faculty, Supervisor and Director of Curriculum, Manhattan Institute for Psychoanalysis.

6 Wednesdays: May 15, 22, 29, June 5, 12, 19, 1985
257 Central Park West (at 86th Street), N.Y.C., Apt. 8B

1:00 to 2:30 P.M.

THURSDAY

The Pregnant Therapist: Transference, Countertransference, and Practical Issues

\$63.00

This seminar is for pregnant and about-to-be pregnant therapists. It will cover the psychological aspects of pregnancy, patients' transference to the pregnant therapist, countertransference issues, and the practical issues involved in doing treatment when pregnant.

Roni O. Cohen, Ph.D.—Clinical Instructor, Cornell Medical School, Payne Whitney Clinic; Assistant Adjunct Professor, Teachers College, Columbia University.

6 Thursdays: May 23, 30, June 6, 13, 20, 27
135 West 58th Street, N.Y.C., Apt. 1A

1:15 to 2:45 P.M.

The Process of Psychoanalytic Psychotherapy

\$53.00

This seminar will examine the therapy process, focusing on the concepts of anxiety, resistance, counter-resistance, transference, and countertransference, as manifested in the clinical material. Particular attention will be given to the patient-therapist relationship, and to the therapist's participation in the process. Clinical case material of students and instructor will be utilized, along with discussion of the work of Wolstein, Levenson, Searles, and Gill.

Barbara Dusansky, Ph.D.—Clinical Assistant Professor of Psychiatry, Downstate Medical Center; Faculty and Supervisor of Psychotherapy, Institute for Contemporary Psychotherapy; Faculty, Manhattan Institute for Psychoanalysis.

5 Thursdays: May 23, 30, June 6, 13, 20, 1985
63 East 9th Street, N.Y.C.

8:00 to 9:30 P.M.

The Resolution of Difficult Resistances

\$53.00

Change requires experiencing the anxiety against which defenses are constructed. Consequently, resistances intensify prior to significant change. This course will deal with the resolution of difficult resistances including the negative therapeutic reaction. Clinical examples will be emphasized along with selected readings.

Harold B. Davis, Ph.D.—Associate Professor, The City College, C.U.N.Y.; Faculty and Supervisor, Institute for Contemporary Psychotherapy.

5 Thursdays: May 30, June 6, 13, 20, 27, 1985
125 East 87th Street, N.Y.C., Apt. 8C

12:30 to 2:00 P.M.

315 Central Park West, N.Y.C., Apt. 3W

Working with the More Difficult Patient: Clinical Uses of Countertransference

\$28.00

Issues involving work with difficult patients will be examined. Such patients include individuals often thought of as borderline, those with strong resistances, and those prone to acting-out and relating negatively. Focus will be on using one's countertransference reactions to better understand and work with these patients. Case material of instructor and participants will be discussed.

Richard Rutkin, Ph.D.—Associate Professor, The City College, C.U.N.Y.; Clinical Associate and Supervisor of Psychotherapy, Doctoral Program in Clinical Psychology, C.U.N.Y.; Supervisor, Institute for Contemporary Psychotherapy.

1 Saturday: June 8, 1985

10:00 A.M. to 3:00 P.M. (lunch break 12-1 P.M.)

27 West 86th Street, N.Y.C., Apt. 1D

Workshop on the Psychoanalytic Process

\$56.00

This course will combine theoretical and experiential approaches to the exploration of psychoanalytic processes such as transference, countertransference, resistance, interpretation, etc.. Participants will read literature on technique by Freud, Greenson, Strachey, Annie Reich, and Winnicott. Participants will also role-play the analytic situation drawing upon their own clinical work, and applying concepts being discussed, leading to a more experientially rooted understanding of the clinical process.

Michael P. Varga, Ph.D.—Supervisor and Instructor, Advanced Institute for Psychoanalytic Psychotherapy, and Washington Square Institute for Psychotherapy; Instructor, New School for Social Research.

4 Saturdays: June 8, 15, 22, 29, 1985

11:00 A.M. to 1:00 P.M.

24 Fifth Avenue, N.Y.C., Suite 416

Marital Therapy with Couples Presenting Pathology in Early Ego Development:

The Narcissistic/Borderline Spouse

\$28.00

The treatment of couples requires an understanding of the personality structures of two people, and how interactions between them reflect the repetition of early internalizations and troublesome patterns of relating. This course will attempt to relate the specific pathologies of the narcissistic and borderline character disorders to the marital situation when one or both spouses present these pathologies. Problems in the relationships will be illustrated with case presentations. Transference and countertransference issues will be emphasized.

Bernard Katz, Ph.D.—Professor of Psychology, Nassau Community College; Teaching Faculty, Nassau County Medical Center Institute of Psychoanalysis.

1 Saturday: June 15, 1985

1:00 to 5:00 P.M.

8 Laura Lane, Plainview, Long Island

SUNDAY

The Termination of Analysis

\$21.00

Termination of analysis is a distinct and unique experience. This final stage of treatment evokes intense feelings yet it is rarely talked about during analytic training. Clinical issues which arise from a planned, mutually agreed upon termination will be explored from the patient's and analyst's perspective.

Eileen J. Setzman, Ph.D.—Faculty and Supervisor, Metropolitan Institute for Training in Psychoanalytic Psychotherapy; Former Faculty, Long Island Institute for Mental Health.

Facilitating Change

Countertransference reactions, confrontations, and authentic engagement with the patient mediate characterological change. These facets of the therapeutic relationship will be examined in light of our current understanding of what causes change. Clinical material, drawn from both the instructor's and participant's work, will be used to illustrate and examine the various kinds of reactions and interventions which a therapist may use to facilitate change.

Helaine T. Gold, Ph.D.—*Supervisor and Faculty, Manhattan Institute for Psychoanalysis; Adjunct Clinical Supervisor in Psychology, Yeshiva University; Clinical Associate and Supervisor of Psychotherapy, Doctoral Program in Clinical Psychology, C.U.N.Y.*

4 Thursdays: June 6, 13, 20, 27, 1985
2 Washington Square Village, N.Y.C.

8:00 to 9:30 P.M.

\$42.00

Working with Dreams

An examination of the use of dreams in the therapy process. Dreams will be viewed at different stages of therapy, with particular attention given to manifestations of resistance, transference, countertransference, core dynamic issues, character structure, and to the dream as an existential statement. These issues will be viewed from an interpersonal-humanistic perspective, with clinical material of students and instructor used as a basis for discussion.

Barbara Dusansky, Ph.D.—*Clinical Assistant Professor of Psychiatry, Downstate Medical Center; Faculty and Supervisor of Psychotherapy, Institute for Contemporary Psychotherapy; Faculty, Manhattan Institute for Psychoanalysis.*

3 Thursdays: June 27, July 11, 18, 1985
63 East 9th Street, N.Y.C.

8:00 to 9:30 P.M.

\$32.00

FRIDAY

Psychodynamic Supportive Psychotherapy: Use of Parameters in Psychoanalytic Technique \$49.00

Four "supportive" approaches to treatment of the borderline patient (Kernberg's model, a developmental "ego building" model, a self psychological model, and modifications of classical technique) will be presented and contrasted. Differences in theories of technique and specific interventions will be highlighted. Discussion will include indications for one approach or another, therapeutic stance, the working alliance, the role of confrontation, the use of transitional objects and other parameters, and differing responses to the patient's anger, resistance, acting out, and dependence.

Andrew B. Druck, Ph.D.—*Instructor in Clinical Psychology, Columbia University College of Physicians and Surgeons; Associate Consultant in Medical Psychology, St. Luke's Hospital Center; Faculty, Center for the Study of Anorexia and Bulimia.*

4 Fridays: April 26, May 3, 10, 17, 1985
545 West End Avenue (86th Street), N.Y.C., Apt. 12B

10:00 to 11:45 A.M.

1 Sunday: April 28, 1985
320 West 86th Street, N.Y.C., Apt. 6A

1:00 to 4:00 P.M.

REGISTRATION

Send the following to Ruth Marcus, Administrative Secretary, The Psychoanalytic Society, 111-50 75th Road, Forest Hills, New York 11375. Register early and you will receive confirmation by mail. Maximum enrollment in each offering is 12. (Telephone: 718/261-8864)

Name: _____

Address: _____

Telephone: _____
home work

Indicate courses you wish to take: _____

Please make your check payable to The Psychoanalytic Society for total registration fees. Students may discount 10% from fees. Please specify institution _____

Add my name to mailing list.