

*The
Psychoanalytic
Society*

Continuing
Education
Program

Spring-Summer 1991

THE PSYCHOANALYTIC SOCIETY

of The Postdoctoral Program, Inc. is an independently incorporated organization composed of the graduates and faculty of the New York University Postdoctoral Program in Psychoanalysis and Psychotherapy, independently incorporated and separate from New York University. The Psychoanalytic Society functions as a professional, scientific, and educational association.

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The Psychoanalytic Society Continuing Education Program, offers seminars and workshops to mental health professionals and to individuals with allied interests. One of the distinctive features of The Psychoanalytic Society is that its members come from varied theoretical backgrounds. All seminars and workshops are limited to an enrollment of 12 people in order to promote open discussion and the exchange of ideas.

The Program will run from May 15th to July 30th. The courses are conducted in the instructor's office, vary in length from 1 to 15 sessions, and are available both in New York City and Suburban locations.

Registration

To register, complete the last page of this brochure and mail with appropriate fees to:

Ruth Marcus, Administrative Secretary
The Psychoanalytic Society
111-50 75th Road
Forest Hills, N.Y. 11375,
or telephone Ruth Marcus at
Phone: (718) 261-8864

Enrollment in each course is limited to 12 people. Preference will be given to early registrants. Any course may be cancelled because of insufficient registration.

Fees

All fees are payable in advance. Participants must notify the Registrar two weeks in advance of the first meeting if they are unable to attend a course. The fee minus a \$10 processing charge will then be refunded. After that time there will be no refunds.

Courses Spring/Summer — 1991

<i>Treatment</i>		
0001	From Entry to Commitment: The Initial Phase of Therapy	4
0002	Mutuality in the Patient/Analyst Relationship: The Therapeutic Action of Psychoanalysis	4
0003	The Therapeutic Use of Counter-Transference	4
0004	Masochism in The Transference: Theoretical, Clinical and Technical Issues	5
0005	Psychoanalysis from a Relational Perspective: Object Relation Theory and its Effect on Technique	5
0006	The Daughter as Projective Screen: Pathways to Individuation	5
0007	Diagnostic Assessment for Psychoanalytic Treatment: How To Assess The Potential of a Patient for Psychoanalytic Work	5-6
0008	Discovering the Power of Self-Hypnosis	6
0009	Working with Transference	6
0010	Love as a Therapeutic Force in Psychotherapy	6
0011	Empathy in the Process of Dynamic Psychotherapy	7
0012	Clinical Hypnosis — The Return of the Psychoanalytic Repressed	7
0013	Transference and Counter Transference: A Microscopic Perspective	7-8
0014	Termination: Myths and Realities	8

<i>Special Issues in Professional Practice</i>		
0015	Legal Issues in Psychotherapy and Psychoanalysis	8
0016	The Pregnant Therapist: Countertransference and Practical Issues	8-9
0017	Therapists' Crises Around Child Bearing: The Impact on the Therapeutic Relationship and The Challenge of Self-Disclosure	9
0018	Writing for a Popular Audience	9

Working with Specific Populations

0019	Psychoanalytic Treatment of Alcoholics: Feat or Folly	9-10
0020	Working With Adoption	10
0021	The Incest Survivor, The Analyst and the Dream	10
0022	Troubled Treatment Paradigms: Dimensions of Work with the Especially Difficult Patient	10-11
0023	Challenges of Treating Homosexual Adolescents and Young Adults	11
0024	Introduction to Therapy with Couples	11
0025	HIV Disease: The Treatment Course	11-12
0026	Working with the Difficult Patient: Handling Transference and Countertransference Issues	12

Theory

0027	Recent Developments in Object Relations Theory	12
0028	The Neglected Unconscious	12
0029	Psychoanalysis: A Definition	13
0030	If and When to Say "Yes" or "No" to Maternity: The Psychodynamics of Choice	13
0031	Psychodynamics of Psychosomatic Illness	13

Group Psychotherapy

0032	Psychoanalytic Group Psychotherapy	13-14
0033	Starting a Psychotherapy Group	14
0034	How to Form and Maintain a Group	14
0035	Understanding Group Process	14

Courses Offered in Suburban Locations:

NEW JERSEY

0015
0021
0022
0026

WESTCHESTER

0011
0013
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LONG ISLAND

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0014

case presentations, we will explore the limits of psychoanalysis and ways in which psychoanalytic understanding can inform the treatment of the patient who is not ready for analysis or where parameters are necessary.

Linda Pasternack, Ph.D. — Supervisor, New Hope Guild and Columbia University Health Service; Adjunct Clinical Supervisor, Yeshiva University; Instructor, New School for Social Research.

6 Wednesdays: June 5, 12, 19, 26,
July 10, 17
8:30 P.M. to 10:00 P.M. 9 hours
168 Waverly Place, N.Y.C. \$90.00

0008 Discovering the Power of Self-Hypnosis

This workshop and follow-up seminars will instruct participants in the administration and interpretation of the Hypnotic Induction profile (standardized measure of hypnotic capacity). Development and teaching of self hypnosis exercises for patients' use are also covered.

Stanley Fisher, Ph.D. — Private Practice

1 Saturday: May 11
9:00 A.M. to 4:00 P.M.
2 Wednesdays: May 22, 29 10 hours
8:00 P.M. to 9:30 P.M. \$100.00
19 East 88th Street, Apt. 1D, N.Y.C.

0009 Working With Transference

This workshop will explore issues in working with transference, such as negative transference, therapeutic stalemates, and therapists' anxieties. The focus will be on increasing therapists' sensitivities to transference and enhancing their skills in dealing with this central but often underattended to dimension of the work. We will consider theoretical issues, but the emphasis will be clinical.

Leslie Bowling, Ph.D. — Faculty, Suffolk Institute for Psychotherapy and Psychoanalysis; Clinical Associate Professor, Psychological Services Center, Pace University.

3 Thursdays: May 30, June 6, 14 3 hours
7:30 P.M. to 9:00 P.M. \$30.00
60 West 13th Street, Suite LC, N.Y.C.

0010 Love as a Therapeutic Force in Psychotherapy

In 1926 Ferenczi wrote that psychoanalysis is a task accomplished only through love. This experiential course will explore how countertransference love feelings may serve as a powerful tool in resolving resistance, and the role that communicative style plays in reaching patients of varying maturational levels.

Robert S. Weinstein, Ph.D. — Faculty, Center for the Advancement of Group Studies

1 Saturday: June 1
10:00 A.M. to 12:30 P.M.
(Lunch break)
2:00 P.M. to 4:30 P.M.
41 Central Park West, Apt. 3H, N.Y.C.

0011 Empathy in the Process of Dynamic Psychotherapy

Empathy has been widely acknowledged to be an important aspect — to some, the most important aspect — of the therapist's functioning. This course explores our notions of what empathy is, how we use it in treatment, and its relationship to therapeutic cure. Similarities and differences between the traditional analytic view of empathy, and that of other points of view (e.g., self psychology) will be considered, along with implications for technique. Selected readings from the literature (e.g., Kohut, Arlow, Greenson, Schafer and Schwaber) will be used as a springboard for discussion, as well as case material provided by students and instructor.

Judi Schweiger Levy, Ph.D. — Clinical Associate and Supervisor, Doctoral Program in Clinical Psychology, CUNY; Adjunct Clinical Supervisor in Psychology, Ferkauf Graduate School of Psychology, Yeshiva University.

5 Thursdays: May 30, June 6, 13, 20, 27
7:00 P.M. to 8:15 P.M.
315 Central Park West, Apt. 1D, New York, NY
5 Fridays: May 31, June 7, 14, 21, 28 5 hours
12:00 P.M. to 1:15 P.M. \$50.00
41 Southgate Avenue, Hastings-on-Hudson, NY

0012 Clinical Hypnosis — The Return of the Psychoanalytically Repressed

The workshop will demonstrate how hypnosis can be used as an adjunct to psychoanalytic psychotherapy and an independent treatment modality. Under the complete control of the analysand, it can facilitate dream association and memory. Heightened memory, achieved through age regression, can be used to recover submerged material and heighten past memories. Age "progression" facilitates the discovery of scenarios and scripts for future action which all of us carry with us in the form of unconscious fantasies. As an independent treatment modality, hypnosis has significant applications in smoking cessation, weight control, alternation in such habits as nailbiting, phobias, insomnia, concentration and memory, and diagnosis. Clinical demonstrations will be part of the seminar.

Chaim F. Shatan, M.D. — Clinical Professor, NYU Postdoctoral Psychoanalytic Program; in Psychotherapy and Psychoanalysis; Faculty, Vietnam Veteran Centers, Veterans Administration.

Carol Zeits, Ph.D. — Private Practice

2 Saturdays: May 18, June 1 8 hours
10:30 A.M. to 2:30 P.M. \$80.00
415 Central Park West, Apt. 14BL, N.Y.C.

0013 Transference and Countertransference: A Microscopic Perspective

The thematic patterns of relating in the interplay of transference and countertransference assumes many subtle forms. These important nuances of relatedness frequently go undetected, resulting in a thwarted therapeutic program. The aim of this seminar will be to broaden and refine the participant's awareness of these relational patterns. Case material will be used to provide a point of departure from which theoretical, technical, and clinical issues can be explored and discussed. There will be an emphasis on the use of countertransference as a means by

which the relational patterns in question can be elucidated. It will be the intent of the instructor to create an open atmosphere in which the above can take place.

Robert J. Katz, Ph.D. — Faculty, NYU Postdoctoral Program in Psychotherapy & Psychoanalysis; Westchester Center for the Study of Psychoanalysis & Psychotherapy; Albert Einstein College of Medicine

5 Wednesdays: June 5, 12, 19, 26, July 10 5 hours
8:00 P.M. to 9:20 P.M. \$50.00
593 Sleepy Hollow Road, Briarcliff Manor, NY

0014 Termination: Myths and Realities

This seminar will focus on the clinical and theoretical issues surrounding the termination of therapy for both the patient and therapist. It will include an historical overview of how termination has been conceptualized as well as a discussion of such practical aspects as when and how therapy ends. Also included will be a review of such issues as transference, countertransference, resistance, counterresistance, and anxiety as related to the termination process. More difficult unplanned, premature or "forced" endings will also be discussed.

Roseann Ungaro, Ph.D. — Adjunct Assistant Professor & Clinical Supervisor of Psychology, Ferkauf Graduate School, Yeshiva University; Adjunct Clinical Supervisor, Pace University.

2 Saturdays: May 25, June 1 6 hours
9:30 A.M. to 12:30 P.M. \$60.00
255-17 Northern Blvd., Suite B1, Little Neck, NY

Special Issues in Professional Practice

0015 Legal Issues in Psychotherapy & Psychoanalysis

The course will examine statutory and administrative law in New Jersey as it affects the practice of psychotherapy and psychoanalysis. The following issues will be covered: confidentiality, privileged communications, licensing, professional misconduct, malpractice, subpoenas, and record keeping. Students will be provided a forum to inquire about any legal issues affecting their practice.

James S. Wulach, Ph.D., J.D. — Associate Professor, John Jay College of Criminal Justice, C.U.N.Y.

1 Friday: June 8 2 hours
9:30 A.M. to 11:30 A.M. \$20.00
303 Irvington Avenue, South Orange, NJ

0016 The Pregnant Therapist: Transference, Countertransference and Practical Issues

This course will address the impact of the therapist's pregnancy on both patient and therapist. psychodynamic aspects such as oedipal and preoedipal issues for patients and exposure, exhibitionistic conflicts and guilt in the therapist will be discussed. Technical considerations concerning disclosure, leave of absence, receiving gifts and returning to practice will also be covered.

Roni O. Cohen, Ph.D. — Clinical Instructor in Psychology
Payne Whitney Clinic

6 Thursdays: May 2, 9, 16, 23, 30, June 6 9 hours
2:00 P.M. to 3:30 P.M. \$90.00
145 West 58th Street, Apt. 7D, N.Y.C.

0017 Therapists' Crises Around Child Bearing: The Impact on the Therapeutic Relationship and the Challenge of Self-Disclosure

This workshop will focus on transference and countertransference issues that arise as the therapist's life choices, particularly around child bearing, enter into the therapeutic relationship. When a therapist is struggling with infertility, pregnancy loss, or related crises, not only can these struggles impact on the physical parameters of the relationship, but they can also impact on the psychological/emotional parameters. Based upon the experiences of both leaders and participants, we will explore the challenge created by patients' questions, comments, and assumptions as well as the issue of personal boundaries around self-disclosure. Because we hear so little about feelings among males concerning child bearing/infertility experiences, male participants are welcome.

Barbara Gerson, Ph.D. — Associate Professor of Psychology, Ferkauf Graduate School of Psychology, Yeshiva University
Lynn Leibowitz Ph.D. — Psychologist; Brooklyn Psychiatric Centers, Inc.; Adjunct Clinical Supervisor; Ferkauf Graduate School of Psychology, Yeshiva University and Pace University

1 Saturday: June 1 4 hours
10:00 A.M. to 2:00 P.M. \$40.00
27 West 72nd Street, Suite 301, N.Y.C.

0018 Writing for a Popular Audience

Reaching the general public requires that psychological material be presented in non-technical language; and that it be readable, personally relevant and colorful. The instructor will draw on her experiences of writing a daily newspaper column and a forthcoming book to provide practical guidance for the aspiring author.

Elan Golomb, Ph.D. — Private Practice

4 Saturdays: May 18, 25, June 1, 8 8 hours
10:30 A.M. to 12:30 P.M. \$80.00
304 West 75th Street, #A, N.Y.C.

Working with Specific Populations

0019 "Psychoanalytic Treatment of Alcoholics: Feat or Folly?"

This workshop addresses special considerations in the psychoanalytic treatment of alcoholics. Pathological alcohol use is discussed from various theoretical perspectives, and a developmental model of recovery from alcoholism is introduced, identifying changing transference and countertransference reactions. Concomitant modifications in technique are critically examined. Implications of alcoholics' concurrent involvement in self-help groups are highlighted.

Helga Grunberg, Ph.D. — Supervisor, St. Vincent's Hospital and Medical Center of New York

1 Sunday: June 9 4 hours
12:00 P.M. to 4:00 P.M. \$40.00
24 East 12th Street, Suite 5-1, N.Y.C.

0020 Working with Adoption

Using recent research and clinical material, we will explore some common issues and themes significant for adoptive parents, adopted children, and parents who were adopted children. We will also consider how to help adoptive families with the tendency to mythologize adoption as the cause of problems they may have with each other. Participants are requested to bring clinical material for discussion.

Elsa First, M.A. — Faculty, NYU Postdoctoral Program and the Freudian Society

Susan Flinn, Ph.D. — Faculty, Albert Einstein College of Medicine

2 Mondays: May 12, 20 4 hours
8:00 P.M. to 10:00 P.M. \$40.00
331 East 71st Street, Apt. 1A, N.Y.C.

0021 The Incest Survivor, The Analyst and the Dream

This course will examine the transformation of the incest survivor's dream in the course of analysis. How does the analyst determine whether the dream contains fragments of actual memory of incest rather than sexually symbolized expressions of conflict or developmental arrest? What are the identifiable characteristics of the Post Traumatic Stress Disorder dream and what kind of technical approach do they require? We will critically examine the position held by Bollas and others that the incest survivor suffers a deficit in the capacity to fantasize and symbolize. We will also examine transference-countertransference anxieties as they are manifest both in the dream and in the handling of the dream in the session. At each meeting, readings and case material will be discussed.

Sue Grand, Ph.D. — Adjunct Assistant Professor, Teacher's College

4 Mondays: June 3, 20, 17, 24 6 hours
8:00 P.M. to 9:30 P.M. \$60.00
764 Wendel Place, Teaneck, NJ

0022 Troubled Treatment Paradigms — Dimensions of Work with the Especially Difficult Patient

The course will focus on psychotherapeutic work with patients who present unusually daunting resistances or negative therapeutic reactions. Based on a brief paper authored by the instructor, which will be provided to enrollees prior to the class meeting, the following five issues pertaining to such treatment situations will be addressed: possible underestimation of risk to the patient, applicability of counter-transference events to resolution of treatment dilemmas, over or under use of psychiatric consultation, treatment induced deterioration, and emotional and physical hazards to the therapist. Clinical material of students and instructor will provide the basis for discussion.

John S. Duryee, Ph.D. — Co-Director of Clinical Training, Master's Program in Clinical Psychology, Fairleigh Dickinson University; Faculty, Manhattan Institute for Psychoanalysis

1 Saturday: June 1 3 hours
9:30 A.M. to 12:00 P.M. \$30.00
189 Summit Avenue, Summit, NJ

0023 Challenges of Treating Homosexual Adolescents and Young Adults

The focus of the workshop will be on the nuances of working with those who are embroiled in an identity crisis at various stages of sexual emergence. A review of Freud's views on homosexuality will be included. Case examples of the presenter and the participants will be drawn upon to arrive at an understanding of the issues facing the therapist.

Benjamin Lapkin, Ph.D. — Supervisor: N.Y.U. Postdoctoral Program in Psychotherapy and Psychoanalysis; Director, Adolescent Therapy Program, Institute for Contemporary Psychotherapy.

1 Saturday: May 11 3 hours
1:00 P.M. to 4:00 P.M. \$30.00
654 Forest Avenue, Larchmont, NY

0024 Introduction to Therapy with Couples

The course will focus on the skills needed to expand one's practice from individual therapy to include couple treatment. There will be a review of theory as it applies to couples work from both an object relations and a family systems point of view. Other topics will include evaluating indications for couples work, handling initial resistances, taking a family-oriented history and genogram, and using this data to effect change. Techniques unique to working with a "stuck" couple system will be covered. The instructor will provide a bibliography for further study.

Susan Flinn, Ph.D. — Faculty, Albert Einstein College of Medicine

1 Saturday: June 22 4 hours
10:00 A.M. to 12:00 P.M. \$40.00
(Lunch Break)
1:00 P.M. to 3:00 P.M.
331 East 71st Street, Apt. 1A, N.Y.C.

0025 HIV Disease: The Treatment Course

Crucial issues that arise in the treatment of people with HIV disease, especially in the transference and countertransference will be the focus of this workshop. Discussion of reactions to the disease in the early stages will be followed by consideration of the opportunity for self-definition as the disease continues. Finally, the conflict between hope for continued life, on the one hand, and the need to accept the nearness of death on the other will be considered in terms of the meaning of this final stage for both patient and therapist as a working team. Videotaped and verbally reported case material, as well as some reading, will be the basis for discussion.

Barbara Eisold, Ph.D. — Co-chair, New York State Task Force on AIDS; Adjunct Clinical Supervisor, NYU SEHNAP; Adjunct Clinical Supervisor, Yeshiva University
 4 Wednesdays: May 1, 8, 15, 22 6 hours
 11:00 A.M. to 12:30 P.M. \$60.00
 285 Central Park West, Apt. 5W, N.Y.C.

0026 Working with the Difficult Patient: Handling Transference and Countertransference Issues

This course will focus on problems in treatment raised by working with narcissistic and borderline patients. It will cover limit setting and handling and interpretation of aggression. Readings will come from a variety of theoretical perspectives showing various ways problems can be approached. Participants are encouraged to bring in their own cases.

Susan J. Herman, Ph.D. — Director of Supervision, Montclair State College; Faculty and supervisor, Institute for Psychoanalysis and Psychotherapy of N.J.

3 Thursdays: May 23, 30, June 6 4 hours
 7:40 P.M. to 9:15 P.M. \$40.00
 37 Glen Rock Road, Little Falls, NJ

Theory

0027 Recent Developments in Object Relations Theory

This seminar will provide a brief introduction and overview of current developments in Object Relations theory. We will focus on the work of T. Ogden, C. Bollas, B. Josephs, H. Lowenald, and S. Mitchell. These psychoanalytic theorists derive their unique approaches from different and often incompatible psychoanalytic traditions. We will look at some of the common trends, and examine some of the differences, in the thinking of these contemporary analysts.

Lewis Aron, Ph.D. — Faculty, N.Y.U. Postdoctoral Program in Psychotherapy and Psychoanalysis; Supervising Psychologist, Department of Psychiatry, St. Luke's/Roosevelt Hospital Center; Faculty and Supervisor, Suffolk Institute for Psychotherapy and Psychoanalysis.

3 Wednesdays: May 15, 22, 29 4 hours
 2:00 P.M. to 3:15 P.M. \$40.00
 243 West End Avenue, Apt. 310, N.Y.C.

0028 The Neglected Unconscious

What do we mean when we say something is unconscious? How is it viewed from different theoretical positions? How does a therapists' understanding of the unconscious influence technique? Do we need the concept in our clinical work, and if we do, why is it so often neglected in our day to day thinking about patients?

David Webb, Ph.D. — Member, Institute for Psychoanalytic Training and Research (IPTAR); Clinical Consultant, Office of Counseling and Psychological Services, Baruch College of the City University of New York.

4 Wednesdays: June 5, 12, 19, 26 5 hours
 7:00 P.M. to 8:15 P.M. \$50.00
 205 West 89th Street, Apt. 9G, N.Y.C.

0029 Psychoanalysis: A Definition

The seminar will explore the differing theoretical conceptions of what defines the essential components of psychoanalysis, and consider how it is a relevant treatment form in current culture.

Diane Greenwald, Ph.D. — Private Practice

6 Wednesdays: May 15, 22, 29, June 5, 12, 19 9 hours
 1:00 P.M. to 2:30 P.M. \$90.00
 55 West 92nd Street, N.Y.C.

0030 If and When to Say "Yes" or "No" to Maternity: The Psychodynamics of Choice

This seminar will survey the choices available to today's woman. The perspective will be clinical, drawing on material from cases in psychoanalysis or psychotherapy where issues of choice have been relevant. An attempt will be made to understand individual choices within a theoretical context.

Phyllis O. Ziman-Tobin, Ph.D. — Faculty, Institute for Psychoanalysis and Psychotherapy of New Jersey; Adjunct Clinical Associate Supervisor, Doctoral Program in Clinical Psychology, C.U.N.Y. Clinical Coordinator, Supervisor, and Interviewer, Yale University Video Archive for Holocaust Testimonies

2 Tuesdays: June 4, 11 6 hours
 7:00 P.M. to 10:00 P.M. \$60.00
 260 West 72nd Street, Apt. 5A, N.Y.C.

0031 Psychodynamics of Psychosomatic Illness

The seminar will focus on primitive pathological configurations of defenses and object relations in the etiology of psychosomatic processes. Participants are requested to present vignettes from patients with definitive psychosomatic illnesses. The vicissitudes of transference and countertransference phenomena will be highlighted.

Isaac Tylim, Psy. D. — Faculty Institute for Psychoanalytical Training and Research (IPTAR); Senior Psychologist, Miamonides Medical Center; Assistant Professor of Psychiatry, Downstate Medical Center

2 Wednesdays: July 10, 17 3 hours
 8:30 P.M. to 9:45 P.M. \$30.00
 26 West 9th Street, Apt. 2/D, N.Y.C.

Group Psychotherapy

0032 Psychoanalytic Group Psychotherapy

Focus will be on the specific, unique place of group psychotherapy in the broader framework of psychoanalytic treatment. How do the goals of group treatment and the data upon which it depends compare to the dyadic modality? The group will be explored as a context for treatment with special focus on the *group process* as an agent of the treatment, with its nature and function being compared to that of free association. Finally special attention will be paid to the unique contribution of analytic group treatment of entrenched character pathology one of the most resistant to traditional analytic technique.

Priscilla F. Kauff, Ph.D. — Assistant Clinical Professor, Cornell Medical School; Training Analyst and Supervisor, Postgraduate Center for Mental Health

2 Wednesdays: June 19, 26 3 hours
12:30 P.M. to 2:00 P.M. \$30.00
910 Park Avenue, NYC

0033 Starting a Psychotherapy Group

This workshop is directed to practitioners who wish to offer group psychotherapy as a treatment modality. Participants will be helped to start a group composed of individuals in their current practice. Topics will include "why" group, advantages of combined individual and group treatment, selection and preparation of patients, group composition, initial stages of group, role of the therapist, therapist's resistance and anxieties about conducting a therapy group.

Barbara Dusansky, Ph.D. — Clinical Assistant Professor of Psychiatry, Downstate Medical Center; Supervisor, N.Y.U. Postdoctoral Program in Psychoanalysis and Psychotherapy; Supervisor, Eastern Group Psychotherapy Society Training Program

1 Saturday: June 15 3 hours
11:00 A.M. to 2:00 P.M. \$30.00
63 East 9th Street, Apt. 6G, N.Y.C.

0034 How to Form and Maintain a Group

The course is intended for people who wish to form or who are already working with a group in private practice or in out-patient, inpatient, or school settings. Various group issues from object-relational perspectives will be examined. Concepts studied will include admission criteria, group contract, resistances, types of transferences and countertransferences, emotional and symbolic communications, projective identification and scapegoating phenomena, and interventions toward progressive interactions. Participants will be encouraged to bring in relevant clinical material from their on-going groups.

Ronnie L. Levine, Ph.D. — Clinical Assistant Professor, NYU Medical Center; Faculty, Center for the Advancement of Group Studies

6 Wednesdays: June 5, 12, 19, 26, July 3, 10 7 hours
7:15 P.M. to 8:30 P.M. \$70.00
27 West 72nd Street, Suite 605, NYC

0035 Understanding Group Process

This course will provide an introduction to emergent processes in group that are distinct from constituent members' characteristics and issues. Recognition of group related phenomena and their impact on individual members, as well as various levels of interpretation and intervention, will be covered.

Peter J. Schlachet, Ph.D. — Director, Group Therapy Department, Washington Square Institute; President, Eastern Group Psychotherapy Association

1 Saturday: May 11 3 hours
10:30 A.M. to 1:30 P.M. \$30.00
142 West End Avenue, Apt. 30N, NYC

The Psychoanalytic Society also sponsors:

● Lectures delivered by distinguished analysts. In recent years the Society has sponsored speakers such as John Gedo, M.D., Helen Block Lewis, Ph.D., Hanna Segal, M.D. and Morris Eagle, Ph.D.

● Biennial Conference on current issues in psychoanalysis. The themes of our past conferences have been: *What is Psychoanalysis?*; *Continuity and Change in Psychoanalysis*; *Love: Psychoanalytic Perspectives*, and *Unique Family Configurations, Neglected Family Ties: Psychoanalytic Perspectives*.

● Referral Service is a community service offering moderate cost psychoanalysis and psychoanalytic psychotherapy.

The Referral Service of The Psychoanalytic Society is staffed by graduates and senior matriculants of the New York University Postdoctoral Program in Psychoanalysis and Psychotherapy. Inquiries for information or referral may be made by calling (212) 724-6264. Judith Beldner, Ph.D., Chairperson.

● Public Information Service speakers are available for lectures or group discussions on a variety of psychological topics. For information call Ruth Marcus, Administrative Secretary 718-261-8864.

**THE
PSYCHOANALYTIC
SOCIETY**
of the Postdoctoral Program, Inc.

Ruth Marcus, Administrative Secretary
111-50 75th Road
Forest Hills, New York 11375

**Continuing
Education
Program, 1991**

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